

Acne Scarring

treatment options...

Because each patient's acne scarring is different, we have a variety of treatment options to address both the discoloration as well as the textural scarring that acne lesions can leave behind. We are happy to guide you through selecting which procedures will best address your individual concerns and discuss those in more detail in a personal consultation.

*Happy Tareen Dermatology Patient
before & after 1 CO2 Treatment!*



Chemical Peels

Peels can improve the discoloration that acne lesions can leave behind on the skin. It can also improve the texture of the skin, but not as drastically as the treatment options listed below. For best results, a series of 3 peels spaced 3-4 weeks apart are needed but can vary based on your individual skin-type and concerns. If you are going to experience some peeling, it usually begins 48 hours after your treatment and can last a few days up to a week depending on the individual and type of peel used. It is very important to avoid direct sun exposure for 2 weeks following your peel and to use a broad-spectrum sunscreen SPF 30+ thereafter. Treatments starting at \$95.



Before & After Single Glycolic Peel

Microneedling

Microneedling is a non-laser fractional treatment option that will stimulate your body's own collagen to smooth out your skin's texture. Because there is no heat, it will not leave you as photo-sensitive as laser making it ideal for year-round. Most of our patients go back to work the very next day making this treatment very popular for those who do not have or want the downtime of CO2 laser. We typically recommend a series of 3-6 treatments spaced 4-6 weeks apart for acne scarring. Treatments starting at \$395.



Before & After Single Microneedling SkinPen Treatment

Dermal Filler

Filler will give you more immediate results that will continue to improve for several weeks. You can have some bruising and minor swelling post treatment as well as some minor tenderness. Filler can last 6-12 months depending on the individual. We sometimes combine subcision with filler or laser to break up the scar tissue in depressed scars. Your provider will recommend subcision if it is appropriate for your individual scarring concerns to achieve optimal results. Treatments starting \$695.



Before & After Single Filler Treatment with Subcision

CO2 Laser

This laser will both resurface the most upper layer of the skin while stimulating your body's own collagen production to fill out the scarring. Because it is an ablative laser treatment, there is approximately 1 week of 'cosmetic' down time where you will be pink or red and even can feel rough in texture. Skin can feel very warm, similar to a sunburn, immediately after the treatment, but that will start to subside after a few hours. You will need to avoid direct sun exposure for at least 2 weeks and then continue to wear a sunscreen afterwards as usual. You will notice improvement after healing, but optimal results will be seen in 2-3 months. Treatments starting at \$250.



Before & After Single CO2 Laser Treatment