

Cosmetic Department

What's Your Skin Type?

Answer these 5 quick questions to find out!

1. By the middle of the day, your face usually feels...

- A. Super shiny and greasy
- B. Oily in the T-zone (forehead, nose, chin) but dry on the cheeks
- C. Dry or flaky
- D. Pretty normal – not dry, not oily
- E. Red, itchy, or uncomfortable

2. When it comes to breakouts (pimples)...

- A. I get them a lot
- B. I get them in some spots, but other areas are dry
- C. Not really, but my skin can get flaky
- D. Hardly ever
- E. Some products make me break out or sting

3. What do your pores look like?

- A. Big and visible all over
- B. Big in some places (like your nose), barely there in others
- C. Hard to see
- D. Small and even
- E. Red or irritated sometimes

4. After you wash your face, it usually feels...

- A. Fine at first, but gets oily again fast
- B. Dry on the cheeks but oily on the nose/forehead
- C. Tight, itchy, or uncomfortable
- D. Just right—not too dry or oily
- E. Stings or turns red

5. How does your skin react to new products?

- A. No problem—bring it on!
- B. Depends on the area of my face
- C. My skin gets dry or flaky
- D. I'm chill with most products
- E. I get red, itchy, or break out easily

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Your Results

Count how many of each letter you chose:

- **Mostly A's – OILY SKIN**

You shine bright like a diamond... and maybe not in the best way 😓 Your skin produces more oil, which means you might get breakouts more often. Look for oil-free or mattifying products!

- **Mostly B's – COMBINATION SKIN**

You've got a little bit of everything—oily T-zone, dry cheeks. Use products that balance your skin and avoid anything too drying or greasy.

- **Mostly C's – DRY SKIN**

Your skin craves moisture! Hydrating cleansers and moisturizers are your best friends. Avoid harsh soaps or acne treatments unless they're made for dry skin.

- **Mostly D's – NORMAL SKIN**

Lucky you! Your skin is pretty balanced. Just stick to a gentle routine and protect your skin with SPF.

- **Mostly E's – SENSITIVE SKIN**

Your skin is a bit high-maintenance, but that's okay! Look for fragrance-free and gentle products made for sensitive skin.

Cosmetic Department

Normal Skin Type

- Doesn't experience many breakouts.
- Doesn't react negatively to new products or weather changes.
- Doesn't feel the need to constantly moisturize or blot oil.
- Skin is firm, with minimal fine lines and wrinkles.

Oily Skin Type

- Skin always seems to be glowing.
- Likely uses blotting sheets or mattifying powders.
- Makeup and skin care products may not always stay put.

Dry Skin Type

- Caused by a lack of oil in the skin.
- Symptoms include flakiness, sensitivity, itchiness, and cracks.
- May be caused by lifestyle and environmental factors or a chronic condition (e.g., eczema).

Dehydrated Skin

- Result of skin not retaining enough moisture.
- Skin may feel tight, have a papery appearance, or show small, fine lines when pinched.

Combination Skin Type

- Dry in certain areas, while oily in others.
- Most easily defined by an oily T-zone (forehead and nose) and dry or normal skin on the rest of the face.

Sensitive Skin Type

- Skin flushes easily.
- Frequent rashes and bumps.
- Stinging or burning after using a skin care product.
- Negative reaction to fragrance.
- Patches of dry, flaky, irritated skin.